

# Simple DIY Laundry Detergent

## Ingredients

- 1½ cups baking soda (sodium bicarbonate)
- 1½ cups washing soda (sodium carbonate & water)
- ½ cup Epsom salts (magnesium sulfate)
- ¼ cup kosher or white sea salt
- 10 to 20 drops of essential oil (lavender or orange ?)
- Moisture absorbing packs, MAPS, (optional but good to use)

## Instructions

In a large bowl, mix all of the dry ingredients together, then the essential oil, stirring constantly as you do.

Mix again until thoroughly mixed (I like to use a whisk).  
Pour into jar of choice and seal, using the moisture absorbing packs if you have them.

Use 2 tablespoons for an average load.

LAURA LEE ALICE COOKS Copyright © 2024 Laura Lee Alice, LLC. All rights reserved.

Notes:

---

---

---